



# VET★COM

TAKE A PEEK AT WHAT'S HAPPENING HERE AT THE  
BLUE GOOSE

GEORGIA WAR VETERANS NURSING HOME

October 2024



## FEATURING

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**GEORGIA WAR**  
WOULD LIKE TO WISH  
YOU A MONTH FILLED  
WITH LOVE, PEACE, AND  
JOY.

# WELCOME

**Samuel Woodard**

**Abram Winters**

## Pinnacle Honorable Mentions September 2024

**Dr. Richard Sams**

**Ashley Thomas, PA-C**

**Chaplain Timothy Lark**

**Kay Roland**

**Stephanie Nichols**

**Shirley Hill**

**Kandice Clements**

**Lisa Hadden**

**3rd Floor Staff**

**Annie DeWitt**

**Birthstone:** Opal & Tourmaline

**Birth Flowers:** Calendula

### **Dates to Remember:**

October 12th – National Fossil Day

October 14th – Canadian Thanksgiving

October 14th – Columbus Day

October 24th – United Nations Day

October 28th – Frankenstein Friday

October 31st – Halloween



### **October's Moon Phases**

**New Moon: October 2nd**

**First Quarter: October 10th**

**Full Moon: October 17th**

**Last Quarter: October 24th**

# INFECTION PREVENTION UPDATE

## The Fall Virus Season is Approaching

As the fall season approaches, we must also welcome back those awful respiratory illnesses: The Flu, COVID-19, and RSV. The confluence of influenza, COVID-19, and respiratory syncytial virus (RSV), has many of us once again wary of what the upcoming respiratory virus season may bring. The spread of these respiratory viruses across the country means that long-term care communities must get prepared if they enter and spread through their facility. Georgia War Veterans Nursing Home believes that if we get prepared now for what this respiratory season may bring, we may avoid large outbreaks or widespread transmission within our facility. Our goal is to protect our residents, families, staff, and community. We are committed to following the guidance of the CDC to meet this goal. The guidelines describe implementation steps to help limit the spread of infection when a staff member or resident develops COVID-19 or any respiratory illness in our facility. Its guidance also offers the necessary steps to protect our families and other visitors from getting sick. Please note the following:

1. Masks are strongly recommended for **all staff and visitors.**
2. Practice social distancing when appropriate.
3. Please wash/sanitize your hands frequently.
4. If you are sick, please re-plan your visit when you are feeling better.
5. If you are an employee, and you are sick, please stay home and contact your supervisor.

Typical flu season usually starts in September or October with a peak between December and February; however, please be aware that we are already seeing an uptick of COVID-19 cases in the community. Once an individual has been infected with the virus, viral shedding begins within 24 to 48 hours, and it usually takes about 24 hours before symptoms begin. These can include fever or feeling feverish; a stuffy or runny nose; cough; muscle and body aches; headache; fatigue; and vomiting and diarrhea, which are more typical in children than in adults. Influenza can range from asymptomatic to severe illness. Symptoms of COVID-19 and RSV can be similar but take longer after exposure to manifest, usually between 2 and 14 days, but typically by day 5. People infected with RSV are usually contagious for 3 to 8 days and may become contagious a day or two before they start showing signs of illness.

To protect yourself and your family, stay up to date with your immunizations (Flu, COVID, RSV, and Pneumococcal Pneumonia). For more information, visit [www.CDC.com](http://www.CDC.com) or visit your local health department.

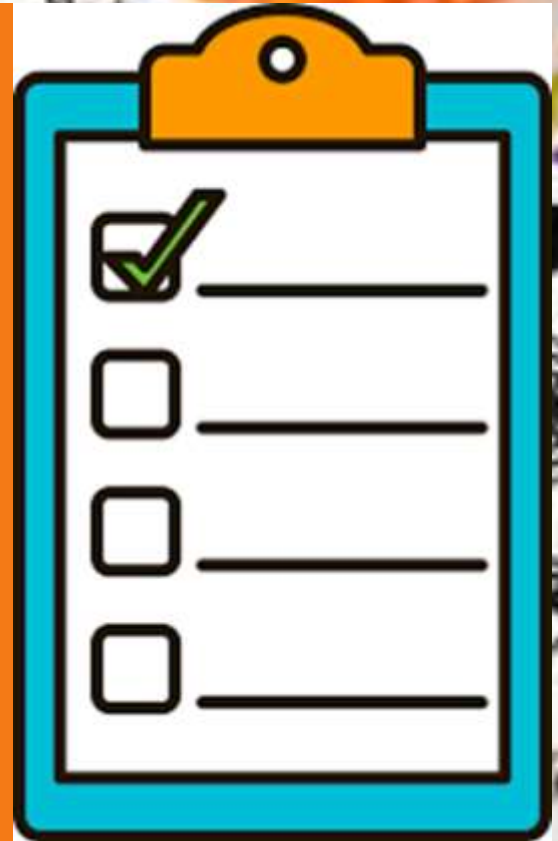
# RESIDENT INVENTORY REMINDER

We need your help to keep your loved ones' inventory list up to date. When removing or adding clothing or personal care items for your resident, please notify the staff, so the inventory can be as accurate as possible.

All items should be clearly labeled with the resident's name.

Any new electronic items must be reviewed and cleared by the maintenance staff. Please refer to the Resident & Family Guide you received upon admission for additional details.

Additional copies of the Resident and Family Guide are available from the HIMS Office on the first floor during regular business hours.



# DONATIONS AND CONTRIBUTIONS

The following individuals/organizations contributed their time and or services to GWVNH:

American Legion Department of Georgia	Little Debbie Cakes & Body Wash
American Legion Riders	BINGO Prizes and Assistance
American Legion Post 192 Auxiliary	Social, Body Wash, Razors, and Snack Cakes
American Legion Post 205 Auxiliary	Pizza Social
Augusta Museum of Art	Craft Kits
Chaplain Larry Jesion	Church Service
Combat Vets Motorcycle Club	BINGO and Candy
Disabled American Veterans	Ice Cream Social and Candy
Disabled American Veterans of Georgia	Annual Cookout
Delta Gems	BINGO Assistance
Elks Lodge 205	Watermelon Social
Evans VFW	Birthday Party, Blankets, and Cupcakes

# DONATIONS AND CONTRIBUTIONS

The following individuals/organizations contributed their time and or services to GWVNH:

Faith Baptist Church

Sunday Church Service

Hubbell Power Systems

Poker Night and Gifts

Jim & Judy Whalen

Holiday Pretzels and Snacks

KCC Salute

Veggies for Vets

Mackey House Music

Live Music

Project Lifting Spirits

Water Day Event and Gifts

The following individuals/organizations made contributions to our Resident Benefit Fund:

The American Legion

# THANK YOU!



# WARRIOR OF THE MONTH



Today I have the gift of showcasing a true romantic. I would like to introduce you to Ed Kneeland, a man who embraces adventure, leaves major life decisions up to a coin toss, and has a love story that warms even my own skeptical inclinations. Mr. Kneeland's life, despite being driven by the best kind of chaos, paints a beautiful picture of joy and triumph.

Mr. Kneeland is an example of a multi-generational legacy of men who proudly served their country. Breaking from the mold, Ed and his high school buddy made the choice to enlist just after graduation. Instead of following in tow with his father and grandfather before him, Ed and his buddy decided to let fate guide their adventure. With the trajectory of their lives in the balance, the two young men of course left it up to a coin toss. What seemed at the time to be just a fickle outcome of a spinning piece of copper and nickel would set Ed down a path to the love of his life. Fate decided Ed and his buddy should branch out from

tradition and join the Navy, so they did. After enlisting, Ed was able to serve as a Fire Control Technician on the USS Lawrence, exploring the Mediterranean and soaking up culture, art, and plenty of shenanigans along the way. His time in the Navy only stoked the flame of his adventurous heart, and this love of travel would stay with him well beyond his departure from service. After becoming a civilian once more, it was time to find a private sector job that could fund his newfound love of visiting exotic ports of call. Traveling alone can be an adventure all its own, but it can also be made so much sweeter with someone to share the memories with; so fate decided to intervene once again. On his first day of orientation at his new job, Ed laid eyes on his perfect match, Sandra. Playing it cool, he asked around about the woman who made his heart skip a beat. Much to his dismay, he was misinformed that she was already engaged to be married, so life continued on. A year later, Ed and Sandra's paths would cross again sporadically at work, and Ed just had to take his shot. After regaling Sandra with tales of his travels and the desire to visit Hawaii, the pair was smitten. Now it was Sandra's chance for a bold move. Sandra told Ed she would marry him if they honeymooned in Hawaii. The next day a ring was purchased, and two days after that the kindred spirits were married and off to their next grand adventure. 53 years, two children, hundreds of trips, millions of laughs, and an unmeasurable amount of dedication—the love story of Ed and Sandra continues.

I could not be more sure that Ed's advice would be to toss the coin, take the leap, do what scares you, but commit to what fate has in store. Congratulations, Mr. Ed Kneeland, on living life to the fullest and allowing us to celebrate your story as our October Warrior of the month.

Heather Nichols  
Director of Activities

# MIDWEEK MEET UPS





# MIDWEEK MEET UPS



# HUBBELL POWER SYSTEMS



# ACTIVITIES WITH OUR VETS



# HAIRCUTS WITH MORGAN



# ACTIVITIES WITH OUR VETS



# CRAFTS WITH OUR VETS



# PINE NEEDLE GARDEN CLUB



# FUN AT THE BLUE GOOSE



# FUN AT THE BLUE GOOSE





# RIDDLE ME THIS

SOLUTIONS ON PG. 31

1. I have a body, arms, legs and a head, but I'm heartless and have no guts. What am I??
2. I protect, I stand tall, my purpose is to strike fear in all. What am I??
3. Often buried with fabulous wealth, I'm often called wrapped up in myself. What am I??

# WORD SCRAMBLE

SOLUTIONS ON PG. 31

## Halloween Scramble

### Word Bank

Halloween

Spiders

Broomstick

Candy

Zombie

Ghost

Bats

Web

Blood

1. wloaleneh

\_\_\_\_\_

2. sothg

\_\_\_\_\_

3. ebw

\_\_\_\_\_

4. astb

\_\_\_\_\_

5. oldob

\_\_\_\_\_

6. mieozb

\_\_\_\_\_

7. nydac

\_\_\_\_\_

8. dirseps

\_\_\_\_\_

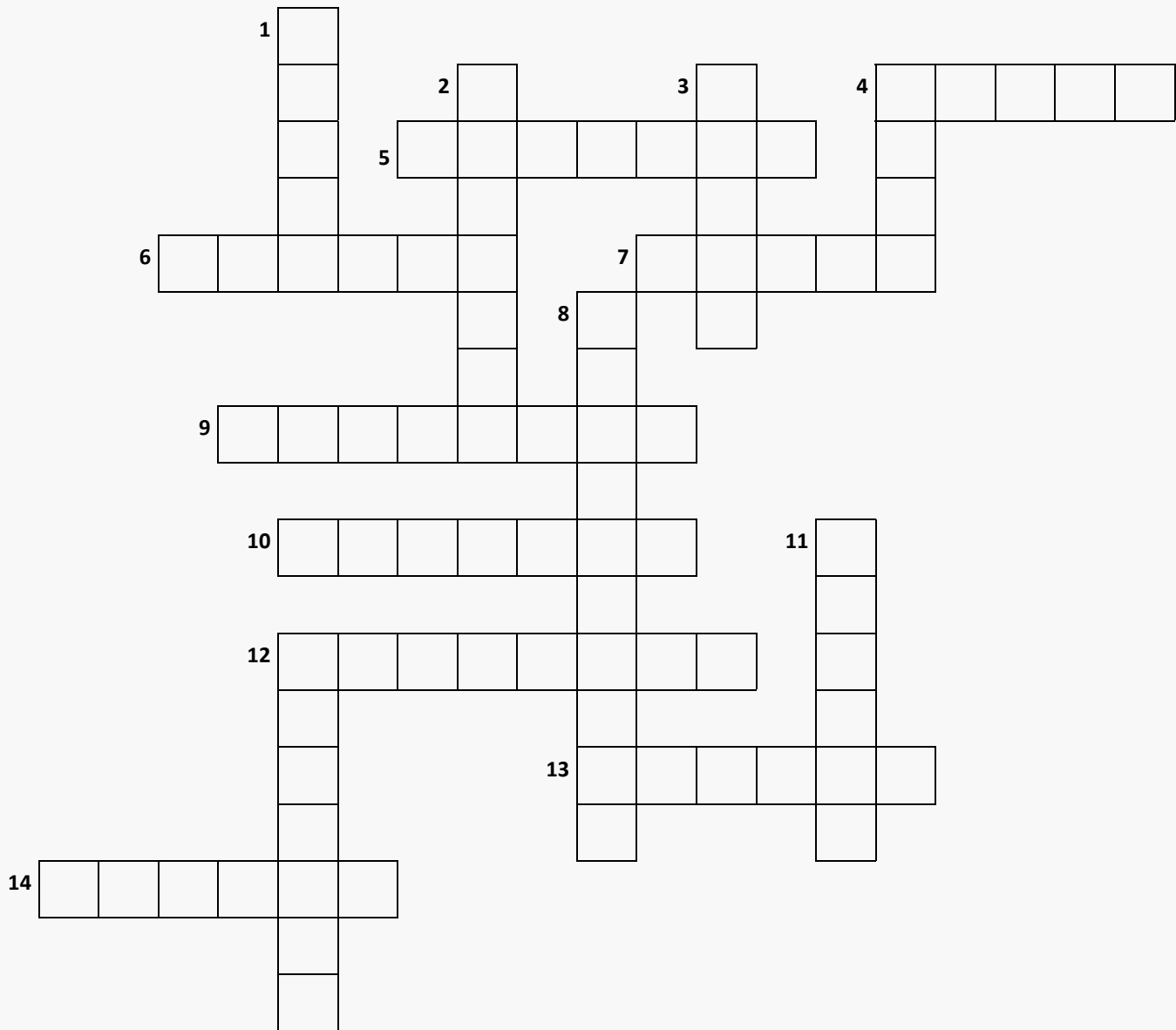
9. somticobkr

\_\_\_\_\_



# CROSSWORD PUZZLE

SOLUTIONS ON PG. 32



## Across

4. All wrapped up
5. Should avoid the garlic bread
6. This a magic brew
7. A visitor from outer space
9. A witch's cooking tool
10. Become someone else
12. A full set of bones
13. Home of a spider
14. Has stolen a princess

## Down

1. White as a sheet
2. It's filled with ghosts
3. Lives under a bridge
4. At which the wolves howl
8. What a witch might ride
11. Gave someone a fright
12. They lay between light and dark

Mummy

Shadows

Vampire

Scared

Potion

Broomstick

Alien

Moon

Cauldron

Troll

Costume

Haunted

Skeleton

Ghost

Cobweb

Dragon

# WORDSEARCH

SOLUTIONS ON PG. 33

## halloween

r	o	a	b	s	r	p	s	b	t	s	w	e	e	t	s	o
a	e	k	b	s	a	k	c	b	p	r	m	t	w	z	w	l
h	r	h	k	d	y	h	r	l	z	p	c	r	w	z	c	m
t	s	s	w	a	t	a	m	o	r	o	m	i	n	n	e	k
n	p	h	s	s	s	l	e	o	k	i	w	c	d	a	o	o
n	i	c	i	z	t	l	w	d	z	i	t	k	r	d	e	l
b	d	t	z	a	b	o	e	a	c	m	n	o	y	o	l	w
l	e	m	h	n	e	w	k	l	l	w	h	r	w	i	e	t
m	r	s	k	n	t	e	r	e	o	e	z	t	n	w	e	w
h	s	c	p	y	n	e	z	i	w	y	z	r	p	i	y	w
d	l	a	r	b	s	n	b	s	n	n	o	e	s	t	m	k
p	k	r	e	r	r	a	w	e	s	e	c	a	c	c	c	c
p	h	y	z	s	z	o	m	b	i	e	s	t	d	h	r	h
e	p	b	a	t	r	w	e	b	r	a	n	b	e	y	l	l
s	a	b	r	o	o	m	y	a	l	l	r	o	a	b	h	l
e	n	d	a	r	k	a	t	b	i	p	z	h	t	a	d	k
b	r	a	i	r	n	n	a	p	b	a	b	m	h	s	e	e

trick or treat	halloween	sweets	zombie
clowns	spider	scary	blood
broom	death	witch	dark
web	bat		

# SCAVENGER HUNT

SOLUTIONS ON PG. 34



These (5) items below are hidden throughout the September's issue of the VetCom



PG. \_\_\_\_\_



PG. \_\_\_\_\_



PG. \_\_\_\_\_



PG. \_\_\_\_\_



PG. \_\_\_\_\_

# SUDOKU PUZZLE

SOLUTIONS ON PG. 34

5		7	2				9	
		6		3		7		1
4							6	
1			4	9				7
			5		8			
8				2	7			5
	7							9
2		9		8		6		
	4				9	3		8

PUZZLE 1

2							6	9	
	5					3			
1	7					9	4		5
			3		2	5		1	8
					4				
7	2			3	8		5		
5		2	6					4	1
				5				7	
	6	7							3

PUZZLE 2

# HIDDEN FIGURES PUZZLE

SOLUTIONS ON PG. 35

## HOW MANY?



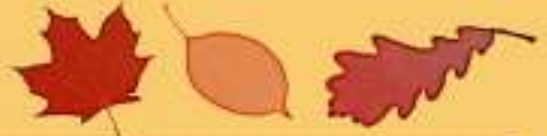
How many of each of the items below can you find in the group above?



# FOLLOW THE NUMBERS

SOLUTIONS ON PG. 36

FOLLOW NUMBERS 1 - 50



		2	3	4	5	6	9	32	16	9
		1	8	11	12	8	16	19	47	8
2	1	6	5	9	22	20	15	5	39	7
3	2	3	4	5	7	3	14	25	12	6
4	10	4	45	10	11	12	13	44	29	38
22	44	5	21	9	16	15	14	3	49	5
19	7	6	7	8	44	8	15	16	17	18
29	8	33	41	12	26	25	24	23	22	19
30	16	17	18	6	27	30	42	45	21	20
31	2	31	30	29	28	12	37	46	47	35
5	9	32	9	30	29	30	21	17	48	12
35	34	33	27	43	44	45	46	47	49	17
36	4	13	18	42	10	23	47	12	50	33
37	38	39	40	41	30	16	48	18		
10	11	24	45	46	47	48	49	50		

# SPOT THE DIFFERENCE PUZZLE

SOLUTIONS ON PG. 37

## ODD ONE OUT

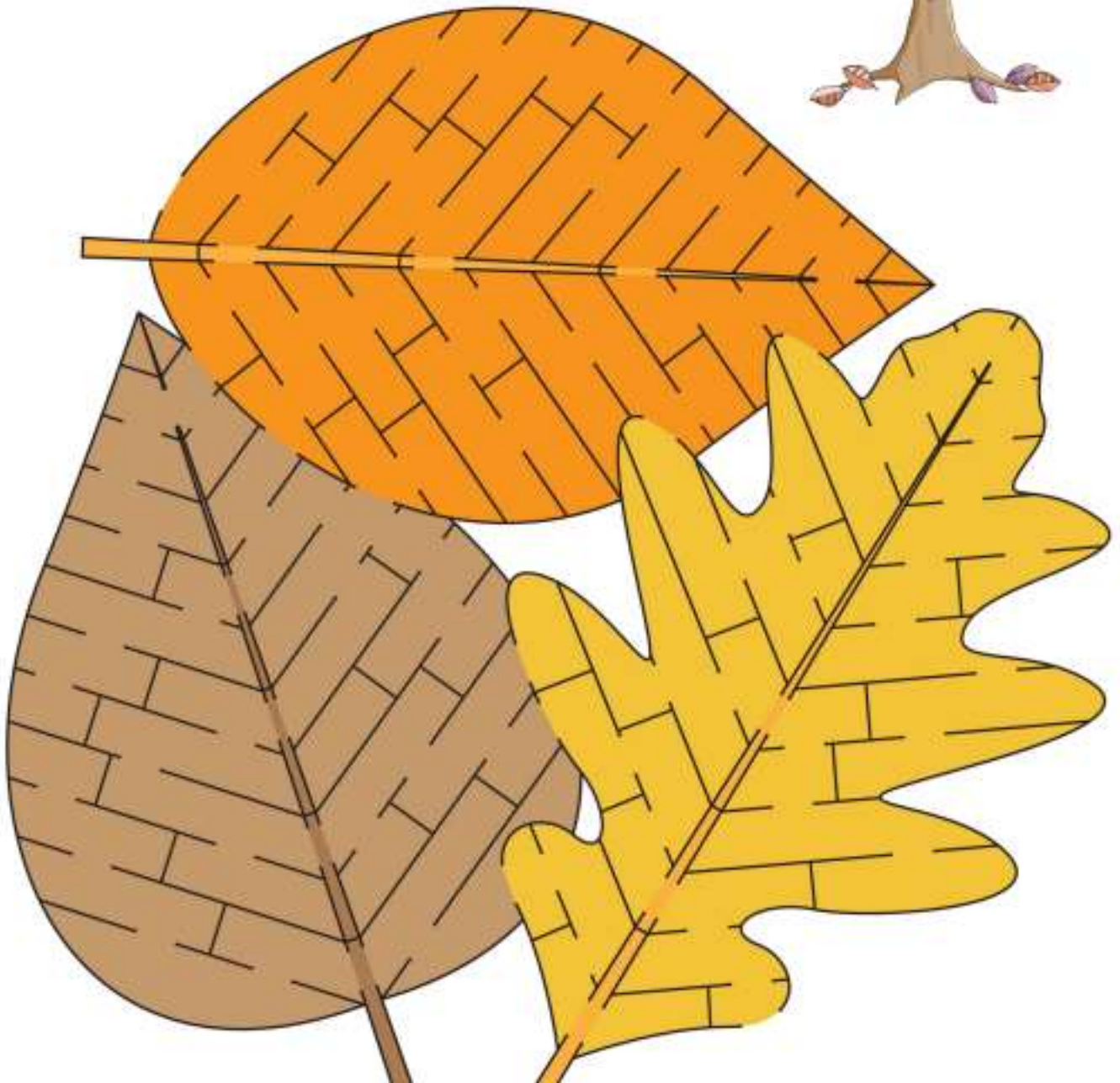
Find the one jack o'lantern that is different from the rest



## MAZE PUZZLE

SOLUTION ON PG. 38

# Autumn Leaves Maze



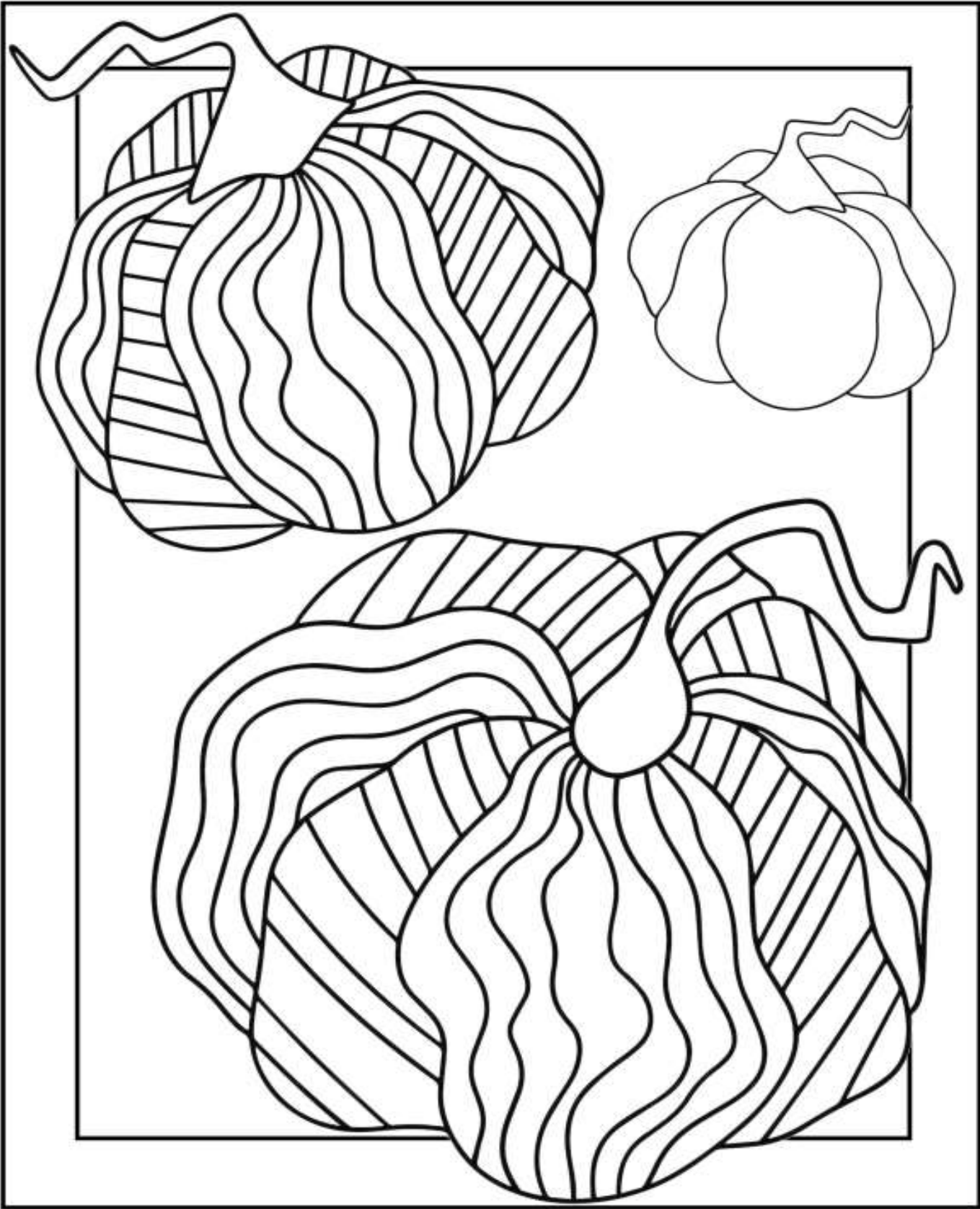


# COLORING PAGE

*HAPPY  
AUTUMN*



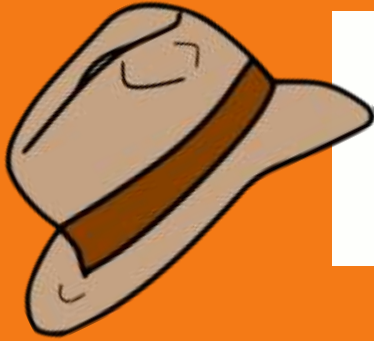
# COLORING PAGE



# COLORING PAGE

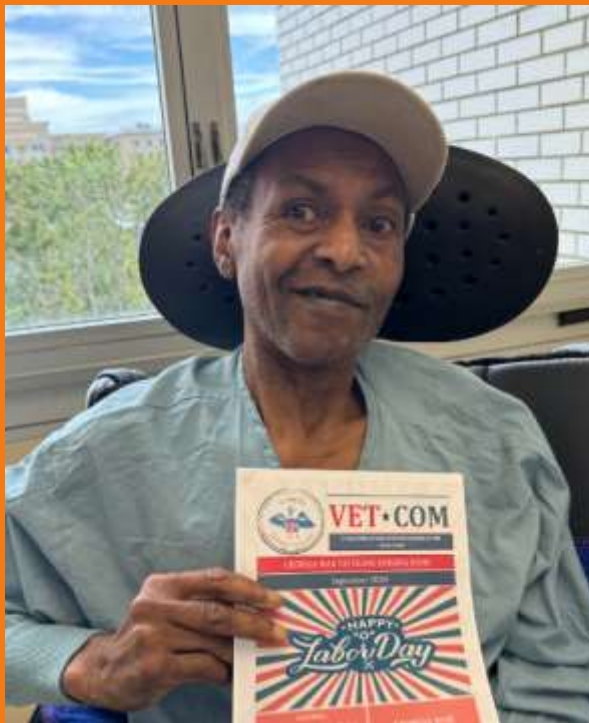


# Hidden Name Contest



**Congratulations!**

September 2024 Hidden Name  
Contest Winners



**Thomas Augustus**



**Oops! Our staff winner did not  
find their name!**

*Somewhere in this issue, we have hidden the names of one Georgia War Resident and one Staff Member.*

If you find your name, please call the Activities Office to claim your prize.

Each month, we will randomly pick the name of one resident and one staff member. Be sure to carefully review each issue to see if your name is hidden somewhere within.

**Good Luck!**



# THE CHAPLAIN'S CORNER

WITH CHAPLAIN TIMOTHY LARK

## Attitude of Gratitude

Greetings and Salutations,

This is the day the Lord has given us, so I'm choosing to rejoice and be glad about it! (Psalms 118:24) How about you? I have constantly considered how I wanted my day and life to go. Most of the time, not all the time, I thank the Good Lord for the ability to open my eyes and greet a new day. There is nothing more awesome than having an attitude of gratitude; being grateful truly makes all the difference in the world. I ask Him to help me keep the right attitude and assist me in representing Him in all aspects and areas of my life. Your gratitude is not only a personal choice, but it also significantly impacts those around you. Would you rather be around someone who is grateful or someone who appreciates nothing? Of course, there are times when I misrepresent Him and fall short of what He desires and requires of me.

We are moving swiftly through 2024 more rapidly than I ever imagined! The New Year of 2025 is approaching, and it is coming upon us fast and furious. Are you ready for it? Whether you are ready or not it is en route. I encourage you to get busy and do anything you want to accomplish before the end of the year! Nike's encouraging tagline, "Just Do It," reminds us that we all need to take action. Allow this sense of urgency to motivate you to live each day to its full potential and make the most of your time.

My heart breaks and feels saddest as I think about some individuals who were a part of my childhood, and my Christian development, and others who were a part of our community here at Georgia War, who are no longer with us. They have left their imprint and impact on this world. The Apostle Paul put it like this in 2 Timothy 4:7-8: "I have fought a good fight, I have finished my course (race), I have kept the faith (remained faithful): Henceforth there is laid up for me a crown of righteousness, which the Lord, the righteous judge, shall give me at that day: and not to me only, but unto all them also that love his appearing." Please understand that our lives will end one day; how do you want to be remembered?

May the Lord bestow His bountiful blessings upon you as you persistently pursue all He has for you!

Timothy E. Lark

Chaplain

## Fallen Heroes by Joyce Atkinson

From the time I was conceived God had for me a plan  
He wanted me to get involved to help my fellow man  
I know some were against it but God knows what is best  
Since the day He took me home I've had perfect rest  
Heaven is so beautiful I'm walking streets of gold  
Now I'm serving others including saints of old  
I know some still have anger about the way I died  
But God and I both have seen the many tears you've cried  
He is a God of comfort whose love will never cease  
Give your feelings to Him and He will give you peace  
As difficult as it may be please don't hold a grudge  
Remember this my loved ones God alone will judge  
Then on that resurrection day when all the dead will rise;  
the Lord will reunite us together in the skies  
So don't give up my loved ones my memory is still alive  
Put your trust in the Lord; I know you will survive!

## **In Memory of**

Foster Jones & John Porter

**Donated in Memory of Patrick Barney**

Ramona Little

# RIDDLE ME THIS

## SOLUTIONS

1. I have a body, arms, legs and a head, but I'm heartless and have no guts. What am I?? **Skeleton**
2. I protect, I stand tall, and my purpose is to strike fear in all. What am I?? **Scarecrow**
3. Often buried with fabulous wealth, I'm often called wrapped up in myself. What am I?? **Mummy**

# WORD SCRAMBLE

## SOLUTIONS

### Labor Day Word Scramble

#### Word Bank

Halloween

Spiders

Broomstick

Candy

Zombie

Ghost

Bats

Web

Blood

1. wloaleneh

Halloween

2. sothg

Ghost

3. ebw

Web

4. astb

Bats

5. oldob

Blood

6. mieozb

Zombie

7. nydac

Candy

8. dirseps

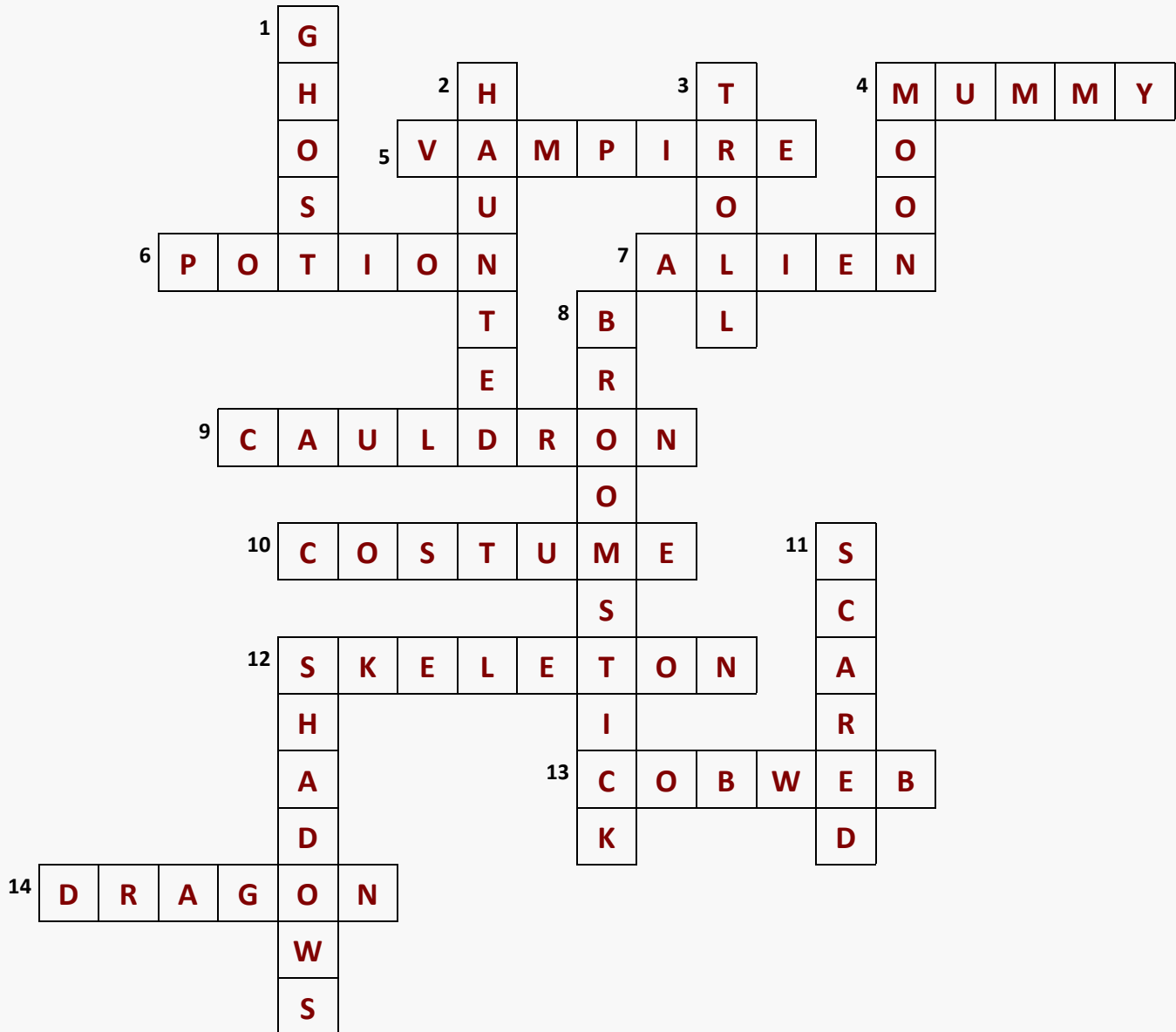
Spiders

9. somticobkr

Broomstick

# CROSSWORD PUZZLE

## SOLUTIONS





# WORDSEARCH

## SOLUTIONS

### halloween



trick or treat	halloween	sweets	zombie
clowns	spider	scary	blood
broom	death	witch	dark
web	bat		

# SCAVENGER HUNT

## SOLUTIONS



These (5) items below are hidden throughout the September's issue of the VetCom



PG. 2



PG. 6



PG. 17



PG. 21



PG. 23

# SUDOKU PUZZLE

## SOLUTIONS

5	1	7	2	6	4	8	9	3
9	2	6	8	3	5	7	4	1
4	8	3	9	7	1	5	6	2
1	3	5	4	9	6	2	8	7
7	9	2	5	1	8	4	3	6
8	6	4	3	2	7	9	1	5
3	7	8	6	4	2	1	5	9
2	5	9	1	8	3	6	7	4
6	4	1	7	5	9	3	2	8

PUZZLE 1

2	3	4	1	5	8	6	9	7
9	5	6	4	7	3	1	8	2
1	7	8	2	6	9	4	3	5
6	4	3	9	2	5	7	1	8
8	1	5	7	4	6	3	2	9
7	2	9	3	8	1	5	6	4
5	9	2	6	3	7	8	4	1
3	8	1	5	9	4	2	7	6
4	6	7	8	1	2	9	5	3

PUZZLE 2

# HIDDEN FIGURES PUZZLE

SOLUTIONS



How many of each of the items below can you find in the group above?



# FOLLOW THE NUMBERS

## SOLUTIONS

	1									
	2	3								
		4		10	11	12	13			
		5		9			14			
		6	7	8			15	16	17	18
					26	25	24	23	22	19
					27				21	20
		31	30	29	28					
		32								
35	34	33		43	44	45	46			
36				42			47			
37	38	39	40	41			48			
							49	50		

# SPOT THE DIFFERENCE PUZZLE

## SOLUTIONS





# Happy Birthday



**WISHING THESE WONDERFUL RESIDENTS AND STAFF  
A HAPPY BIRTHDAY THIS MONTH!**

## Residents

William Douglas	Oct. 04
Jasper Boykin	Oct. 06
Steven Dunn	Oct. 07
William Bentley Jr.	Oct. 15
Don Hays	Oct. 16
Fred Hudson	Oct. 17
Delton McCorkle	Oct. 17
Edward Elliott	Oct. 25
Gerald Rudd	Oct. 27
Donald Cole	Oct. 28
Derrick Stroman	Oct. 29
Irvine Faulkner Jr.	Oct. 30
Herbert West	Oct. 30
Duane Seaborn	Oct. 31

## Staff

Crystal Allen	Oct. 06
Seabron Colbert	Oct. 06
Candace Schumann	Oct. 08
Kandice Clements	Oct. 09
Jermaine Winfrey	Oct. 09
Stephanie Murray	Oct. 11
La'Quana Davis	Oct. 12
Kenya Williams	Oct. 13
Arreanna Griffin	Oct. 19
Dr. Jody Rucker	Oct. 22
Nathan Williams	Oct. 23
Margareth Jean Saurel	Oct. 26
Fiona Ricot	Oct. 26
Angela Jones	Oct. 30

## Resident Menu – October 2024

Sunday 10/6	Monday 10/7	Tuesday 10/8	Wednesday 10/9	Thursday 10/10	Friday 10/11	Saturday 10/12
Tropical Fruit Oatmeal Scrambled Eggs Turkey Sausage Patty	Pineapple Grits Sausage & Cheese Breakfast Casserole	Tropical Fruit Cream of Wheat Scrambled Eggs Grilled Ham Toast	Peaches Grits Scrambled Eggs Turkey Bacon	Fresh Blueberries French Toast Scrambled Eggs Grilled Ham	Pears Scrambled Eggs Biscuit with Sausage Gravy	Grapes Oatmeal Scrambled Eggs Bacon Toast
<b>BREAKFAST</b>						
Roasted Pork Loin Dijon Roasted Potatoes Mixed Vegetables Ice Cream Cornbread	Salisbury Steak Mashed Potatoes Broccoli Cookie Dinner Roll	Fried Fish Baked Yams Green Beans Pie Dinner Roll	Meat Loaf Mashed Potatoes Roasted Vegetables Angel Food Cake with Strawberries Dinner Roll	Teriyaki Chicken Fried Rice Oriental Vegetables Peaches Dinner Roll	BBQ Pork Rib Macaroni & Cheese Collard Greens Watermelon Dinner Roll	Balsamic Glazed Chicken White Rice Squash Medley Chocolate Cake Dinner Roll
<b>LUNCH</b>						
Baked Ham Turnip Greens Macaroni & Cheese Peach Cobbler Cornbread	BBQ Pork Sandwich Coleslaw Baked Beans Tropical Fruit	Tuna Salad Sandwich Southwest Tortilla Soup Pasta Salad Chocolate Pudding	Greek Chicken Zucchini Rice Pilaf Chocolate Chip Cookie	Philly Cheesesteak Steamed Carrots Baked Fries Vanilla Pudding	Lasagna Green Beans Garlic Bread Cobbler	Sloppy Joe Sandwich Roasted Zucchini Baked Chips Jell-O
<b>DINNER</b>						
<b>Sunday 10/13</b>	<b>Monday 10/14</b>	<b>Tuesday 10/15</b>	<b>Wednesday 10/16</b>	<b>Thursday 10/17</b>	<b>Friday 10/18</b>	<b>Saturday 10/19</b>
Tropical Fruit Scrambled Eggs Corned Beef Hash Grits	Pears Scrambled Eggs Sausage Crispy Hash Browns	Tropical Fruit Scrambled Eggs Sliced Ham Pancakes	Pineapple Scrambled Eggs Biscuit with Sausage Gravy	Peaches Scrambled Eggs Pork Bacon French Toast	Strawberries Sausage & Cheese Breakfast Casserole Toast	Tropical Fruit Scrambled Eggs Turkey Sausage Patty Banana Muffin
<b>BREAKFAST</b>						
Baked Ham Cornbread Stuffing Green Beans Chocolate Cake Dinner Roll	Fried Pork Chop Roasted Yams Green Peas Fruit Cobbler Dinner Roll	Baked Ziti Garlic Bread Spinach Jell-O	Fried Shrimp Hushpuppies Coleslaw Cookie	Country Fried Steak Baked Sweet Potato Steamed Cabbage Snickerdoodle Cookie Dinner Roll	Fried Chicken Roasted Potatoes Collard Greens Pudding Cornbread	Sausage, Peppers & Onions Vegetable Medley Jell-O Dinner Roll
<b>LUNCH</b>						
Grilled Chicken Lima Beans Glazed Carrots Vanilla Pudding	Beef Bean Chili White Rice Broccoli & Cauliflower Peaches Cornbread	Italian Pork Loin Pinto Beans Squash & Red Peppers Pudding	Lemon Pepper Chicken Roasted Potatoes Spinach Tropical Fruit	Meatloaf with Gravy Mashed Potatoes Brussel Sprouts Peaches	Spaghetti with Meat Sauce Mixed Vegetables Grapes Garlic Bread	Chicken Tenders Potato Wedges Steamed Carrots Ice Cream
<b>DINNER</b>						

Menu items are subject to change based on supply and availability.



**Resident Menu – October 2024**

<b>Sunday 10/20</b>	<b>Monday 10/21</b>	<b>Tuesday 10/22</b>	<b>Wednesday 10/23</b>	<b>Thursday 10/24</b>	<b>Friday 10/25</b>	<b>Saturday 10/26</b>
<b>BREAKFAST</b>						
Fresh Blueberries Oatmeal Scrambled Eggs Turkey Bacon Toast	Peaches Pancakes Scrambled Eggs Pork Sausage Patty	Biscuit Grits Scrambled Eggs Grilled Ham	Pineapple French Toast Scrambled Eggs Turkey Sausage Patty	Tropical Fruit Grits Scrambled Eggs Bacon Toast	Strawberries Sausage & Cheese Breakfast Casserole Toast	Pears Oatmeal Scrambled Eggs Turkey Bacon Toast
<b>LUNCH</b>						
Baked Swiss Steak Garlic Mashed Potatoes Green Beans Berry Cobbler Dinner Roll	Baked Chicken Baked Potatoes Turnip Greens Pound Cake Dinner Roll	Roasted Ginger Pork Rice Pilaf Asian Vegetables Banana Pudding Dinner Roll	Spaghetti with Meatballs Green Beans Yellow Cake Garlic Bread	Roasted Turkey with Gravy Steamed Rice Mixed Vegetables Brownie Dinner Roll	Fried Fish Rice Pilaf Collard Greens Apple Pie Dinner Roll	BBQ Chicken Roasted Sweet Potatoes Zucchini Jell-O Dinner Roll
<b>DINNER</b>						
Smothered Pork Chop Mexican Rice Mixed Vegetables Jell-O Dinner Roll	Philly Cheesesteak Sweet Potato Fries Coleslaw Chocolate Cake	Grilled Chicken Sandwich Vegetable Soup Fruit Salad Crackers	Tuna Salad Crackers Chicken Noodle Soup Chocolate Pudding	Beef Pot Roast Mashed Potatoes Green Beans Sugar Cookie	Cheeseburger Sweet Potato Fries Mixed Vegetables Jell-O	Baked Ham Macaroni & Cheese Green Beans Pineapple Dinner Roll
<b>Sunday 10/27</b>						
<b>BREAKFAST</b>						
Fresh Blueberries Scrambled Eggs Pork Bacon Pancakes	Pineapple Scrambled Eggs Corned Beef Hash Grits	Strawberries Scrambled Eggs Sliced Ham Breakfast Potatoes	Tropical Fruit Scrambled Eggs Pork Sausage Patty French Toast	Cantaloupe Scrambled Eggs Turkey Bacon Hash Browns	Pears Scrambled Eggs Biscuit with Sausage Gravy	Grapes Scrambled Eggs Turkey Sausage Patty Pancakes
<b>LUNCH</b>						
Country Fried Steak Steamed Potatoes Green Beans Key Lime Pie DDinner Roll	Chicken Pot Pot Pie Brussel Sprouts Cobbler Dinner Roll	BBQ Pork Loin Butter Beans Cabbage Watermelon Cornbread	Lasagna Cooked Spinach Peaches Garlic Bread	Chili Lime Chicken Lemon Rice Pilaf Zucchini & Yellow Squash Carrot Cake Dinner Roll	Crispy Baked Tilapia Hushpuppies Collard Greens Banana Pudding Cornbread	Chicken & Dumplings Steamed Broccoli Apple Pie
<b>DINNER</b>						
Fried Chicken Sweet Potato Squash Ice Cream Cornbread	Hot Dog on a Bun Baked Beans Asian Slaw Chocolate Pudding	Tuna Salad Potato Soup Crackers/Bread Chocolate Chip Cookie	Chili Steamed Rice Carrots Lemon Pudding	Brunswick Stew Rice Spinach Ice Cream Dinner Roll	Chicken Tenders French Fries Mixed Vegetables Peanut Butter Cookie	Cheeseburger Potato Salad Green Beans Watermelon

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TO ALL OF OUR VETERANS, FAMILIES,  
FRIENDS, STAFF, FACULTY, AND  
CONTRIBUTORS.



GEORGIA WAR VETERANS NURSING HOME